



UNIVERSITY OF  
REGINA

**THIS HANDOUT IS AVAILABLE ON THE PRAIRIE SOUTH SITE UNDER STUDENTS, CAREER PLANNING, LIFE AFTER GR. 12 RESOURCES (LAST LINK ON THE LEFT SIDE).**

**So, you're off to the University of Regina. Congratulations!**

**Some handy reminders:**

- Have you logged into [UR Self-Service](#)? This web service access personally connects you with the U of R.
- Final [transcript request](#) done? Phone: 306.787.9525. These sites are helpful to understand MyCreds:
  - [Click here](#) for the best step by step process, regardless of where you are going to school (not just the U of R)More MyCreds resources if needed.
  - [MyCreds Homepage](#)
  - [MyCreds How-To Videos](#)
  - [MyCreds FAQs](#)
- Have you set up a time to [meet with an academic advisor](#)?  
At the meeting, record your advisor's name, make notes, and get copies of important documents.
- Have you [booked a campus tour](#)? This is a great thing to combine with an academic advising session at the U of R.
- Do you have a place to live? [U of R Housing Services](#) can help you.
- [Student Success Centre](#) offers free workshops, writing help, math assistance, technology help and study skills support. Use it!

- Student Loans: (Applications typically open in June.)
  - ⇒ [Canada-Saskatchewan Student Loans](#)
  - ⇒ [Student Financial Assistance Estimator](#) can be used to estimate the amount of a potential student loan.
- Scholarships:
  - ⇒ Many scholarship deadlines have passed, but there are others you can apply to receive over the next few months.
  - ⇒ [Scholarship search engines](#)
  - ⇒ [yconic](#)
  - ⇒ [ScholarTree](#)
  - ⇒ [StudentAwards](#)
  - ⇒ [Scholarships.com](#)
  - ⇒ [Scholarships Canada](#)
  - ⇒ [Atila](#)
- If you have any type of disability (ADHD, anxiety, depression, any other mental health issues, dyslexia, dysgraphia, dyscalculia, or any other learning disability), contact [U of R Accommodations](#) to ensure you have everything you need set up before you get there. Do not delay.
- Health and dental plans: Students can opt out of health and dental plans, if they are covered by an equivalent or better plan. You can only submit this application in the fall, and usually, it must be completed by September 30. This can save you well over \$200 each year. [Click here.](#)
- Still scanning your monthly Prairie South's [Career News](#)? It will keep you updated on the latest happenings, events, deadlines, and scholarships.

*And lastly, best of luck on your fabulous journey!*

