



St. John Ambulance OHS Standard First Aid/CPR with AED Training

High school students who are preparing themselves to pursue post-secondary education or will shortly be entering the workforce may be required to have first aid and CPR training. [St. John Ambulance](#) provides a comprehensive suite of training programs developed to ensure full compliance with federal and provincial legislation. Let St. John Ambulance help you by enrolling your student into a OHS Standard First Aid/CPR class. When you choose SJA, you get Canada's largest and most trusted provider of life-saving courses. They issue over 555,000 first aid/cpr certificates each year.

For more information, scroll down to view the training overview and the training dates.

If interested, please contact [Christiane Bouvier Rose](#) at 306-692-1600.

Please check the [Moose Jaw Training Schedule](#) for training dates.



St. John Ambulance Course Information

Our basic OHS Standard First Aid CPR A course runs a minimum of 16 hours in length with one hour for lunch and two fifteen-minute breaks. All SJA courses are taught to meet Provincial Occupational Health and Safety standards. All costs include the textbook and taxes.

Courses are booked on a first-come, first-served, prepaid basis with invoicing available for your company. For a minimum number of 10 students we can coordinate a private class for your employees either at your facility or ours. If you are interested in this option, please call the office. You may register for our classes online, over the phone, or in office.

Note: Please refrain from wearing deodorants and perfumes with any fragrance. Parking is available at the rear of the building. SJA is not responsible for lost or stolen items.

Occupational Health and Safety (OHS) Standard First Aid with CPR-A & AED Training **\$140.00**
 Course meets provincial OHS requirements for an "A" certificate. Course content includes procedures for unconsciousness, broken bones, life threatening emergencies and environmental injuries. CPR A deals with managing adult casualties.

Occupational Health and Safety (OHS) Standard First Aid with CPR-B & AED Training **\$150.00**
 A 17 hour course that adds infant and child resuscitation techniques to all the topics covered in the OHS Standard First Aid & CPR-A class. Recommended for people who work with youngsters.

Occupational Health and Safety (OHS) Standard First Aid with CPR-C & AED Training **\$160.00**
 This course includes team resuscitation training in addition to covering all standard first aid skills and adult, child & infant procedures. Recommended for people involved in team settings such as industrial first aid groups, lifeguards, fire fighters, police officers and anyone wishing to enter a medical field.

Occupational Health and Safety (OHS) Standard First Aid with CPR-HCP & AED Training **\$170.00**
 This 19 hour course aimed at medical professionals requiring first aid certification along with health care provider CPR skills. Standard first aid skills and adult, child & infant, and team resuscitation procedures covered.

Occupational Health and Safety (OHS) Recertification CPR-A \$140, CPR-B \$150, CPR-C \$160, CPR-HCP \$170
 Any of the OHS courses listed above may be recertified by attending a one day clinic. Candidates are advised to practise their skills as there will be little time for more than skill assessment in the clinic. Must have current certification to attend the one day clinic.

OHS Timetable – 2 Day Class Format

OHS Standard First Aid CPR-A with AED	Day 1: 8:00 am to 5:30 pm	Day 2: 8:00 am to 5:00 pm
OHS Standard First Aid CPR-B with AED	Day 1: 8:00 am to 6:00 pm	Day 2: 8:00 am to 5:00 pm
OHS Standard First Aid CPR-C with AED	Day 1: 8:00 am to 6:30 pm	Day 2: 8:00 am to 5:00 pm
OHS Standard First Aid CPR-HCP with AED	Day 1: 8:00 am to 7:00 pm	Day 2: 8:00 am to 5:00 pm

A provincially recognized certificate valid for three years is issued upon successful completion.

Food Safe Level #1 – Covers food & worker safety information; including foodborne illness, receiving & storing food, preparing food, serving food and cleaning & sanitizing. **\$55.00**

Personal Care Worker Course – For those delivering primary care to seniors and other individuals who require assistance with their day to day living activities. **\$200.00**

Babysitting Basics – For kids aged 11 to 16 interested in taking responsibility for younger children. **\$40.00**

Home Alone – For kids 10 to 14 who are at home for short periods of time without adult supervision. **\$30.00**

Mental Health First Aid – Course teaches people how to: recognize the signs and symptoms of mental health problems, provide initial help, and guide a person toward appropriate professional help. **\$160.00**

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St. John Ambulance
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