CORONACH SCHOOL

ISSUE #5
September 24, 2009

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Cultivating a Powerhouse of Learning and a Mine of Knowledge!

Respect, Responsibility and Choose To Learn

Mrs. Catherine Hiltz - Principal
Mr. Terry Sand - Vice Principal

Announcements

- ⇒ Grade 11 & 12 Career Symposium in Assiniboia—September 29th.
- ⇒ Picture Retakes: Monday, October 19th.
- ⇒ Friday, October 23: No school for students. PLC day for teachers.
- ⇒ November 3—Parent and Student meeting for Driver Training: 7:30 pm
- ⇒ Wednesday, November 18: Report Cards K-12
- ⇒ November 19th—Evening and November 20th Morning: Student-Parent-Teacher Conferences.

Solution to Last Week's Math Problem

What's the number I'm thinking of? It is greater than 44 squared and less than 45 squared. 5 squared is one of its factors, and it is a multiple of 13.

Answer:

1950

Teacher Learning Continues

Coronach teachers are continuing to develop and work on supporting our school and division goals: Math Problem Solving, Reading Skills, Writing Skills and utilizing Differentiated Instruction.

Mrs. Tammy Sillers, PSSD Curriculum Consultant, is coming to our school on Monday, September 28th to work with our Grades 1-8 English Language Arts Teachers at 3:30 on whole class reading assessments and utilizing the rubrics.

Mrs. Shirley Packett, PSSD Consultant, is coming to our school on Tuesday, October 13th at 3:30 to work with the entire staff. She will be presenting information regarding Differentiated Instruction, one of our school goals. She and other curriculum consultants have created several workshops and presentations regarding Differentiated Instruction, so we are planning to work through as many as these as we can throughout the school year.

Mr. Tim Eirich will be coming to our school in the next few 2 weeks to continue his work with our Math teachers. He has been working on using the Inquiry Approach to teach Math, *Math Makes Sense* resources, *John Van De Walle* resources and Correlation Documents. Mr. Eirich created Correlation documents to directly tie the approved math resources to the new math curricula.

Middle Years' Teachers continue to "Unwrap" New curricula after returning from the workshop in Moose Jaw last Friday.

Please continue to work on building math, reading and writing skills at home. Please solve and submit your answer for the following math problem to the office next week. Each problem and correct answer will receive a prize!

THIS YEAR WE ARE GOING TO CONTINUE WITH GIVING EACH STUDENT A PRIZE FOR COMPLETING THE WEEKLY MATH PROBLEM AND WE ARE ALSO GOING TO ENTER THEIR NAME FOR EACH SUBMISSION THROUGHOUT THE SCHOOL YEAR INTO A GRAND PRIZE DRAW WHICH WILL BE ANNOUNCED AND DRAWN IN JUNE!

STAY TUNED FOR MORE INFORMATION ABOUT THE GRAND PRIZE!!!!!

Betty and Tracy planned a 5000km trip in an automobile with five tires, of which four are in use at any time. They plan to interchange them so that each tire is used the same number of kilometers. What is the number of kilometers each tire will be used?

Catherine A. Hiltz - Principal

LEARNING OBSERVATIONS

- Grade 11 History studying Stalin and Lenon.
- Grade 10's Song Analysis
- Grade 12 short stories on Prairie loneliness/isolation.
- Grade 9 Treaties
- Grade 3/4 writing poems on fall using verbs.
- Guided Reading.
- Grade 4 and 8 PSSD Pre Math Assessments being administered on Tuesday and Wednesday.
- Grade 9 Math working on Squares and Square Roots.
- Grade 10 writing History exam on Aboriginal Family Life and the French Revolution.
- Mrs. Spagrud planning to attend Aboriginal Content and Perspectives Workshops.
- Mrs. Kelley Delorme attended Digital Storytelling workshop on Monday.

OBSERVATIONS:

- SRC selling SPC cards at lunch.
- SRC QSP Kick-Off on Tuesday at 1:00pm in Gym. Please try to support this major fundraiser for the SRC!
- Fire Drill Practice on Tuesday.
- SRC having a send-off for Provincial Golfers on Wednesday.
- Senior Girls and Boys' Volleyball teams travelled to Rockglen Tuesday night.
- SRC planned and held a short pep rally on Wednesday for the Provincial golf team.

SRC NEWS

A SRC member will be selling SPC cards during noon hours. Cards sell for $8.50 and may be purchased at the front office.

The SPC card is a pass to exclusive student discounts and deals on fashion, shoes, accessories, sporting goods, restaurants and more. Student receive 10-15% off every time it is shown!

Weekly School Newsletters

If parents would like a copy of the school newsletter emailed to them each week, please email the school (marit.jo@prairiesouth.ca) and we will put your name on our email list.

South Central Senior Volleyball Schedule 2009

Tuesday, September 29
Coronach Girls & Boys @ Bengough

Tuesday, October 13
ACHS Girls & Boys at Coronach

Tuesday, October 20
Rockglen Girls & Boys at Coronach

Tuesay, October 27
Bengough Girls & Boys @ Coronach

Friday/Saturday, November 6/7
SHSAA Girls Conference Championships

Friday/Saturday, November 13/14
SHSAA Boys Conference Championships
SHSAA Girls Regional Championships

Friday/Saturday, November 20/21
SHSAA Girls Provincial Championships
SHSAA Boys Regional Championships

Friday/Saturday, November 27/28
SHSAA Boys Provincial Championships

SCHOOL PICTURES

On Wednesday, September 23, student portrait proofs were sent home with your child(ren).

The date to return your order back to the school is October 6, 2009. Whether or not you are ordering pictures, envelopes must be returned. All envelopes must be returned in tact.

FCC Drive Away Hunger

Again, Coronach School will be participating in collecting donations of food and money for World Food Day on October 16. Items may be dropped off at the school until October 13.

Following are most needed food items: Pasta products and rice, canned meats and fish, dry and canned soups and stews, canned fruit and vegetables, flour, breakfast cereal, peanut butter, canned/powdered milk, fruit juices, pasta sauce, beans and legumes, infant formula and baby food. Food donations will go to a local food bank.

Let's do our part and help to Drive Away Hunger.

Visit www.driveawayhunger.ca.

Farm Credit Canada

SOUTH CENTRAL BANTAM VOLLEYBALL SCHEDULE 2009

Thursday, October 1

Coronach Boys & Girls @ Bengough

Thursday, October 8

Rockglen Boys & Girls @ Coronach

Thursday, October 15

Bengough Boys @ Coronach Boys

Thursday, October 22

AES Girls @ Coronach Girls

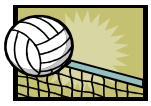
Friday, October 30

South Central Boys District Playoffs

@ North Champion

South Central Girls District Playoffs

@ South West Champion



School Canteen

Soups and Wednesday's Special

September 28-October 2

Monday - Tomato Vegetable Soup

Tuesday - Chicken Soup

Wednesday - Taco in a Bag - $3.00 (**Pre-order**)

Thursday - Cream of Potato Soup

Friday - Tomato Macaroni Soup

HOT LUNCH MENU	
Monday, Sept. 28	Hot Dog and Fries
Tuesday, Sept. 29	Spaghetti and Meatballs
Wednesday, Sept. 30	Wraps
Thursday, Oct. 1	Pizza
Friday, Oct. 2	Soup & Sandwich

All meals come with a beverage and dessert.

Note: Parents are to notify Angela at 267-2099 about any allergies or concerns.

Call for Election Workers

Prairie South School Division is looking for election workers for the School Board elections that will be held in October 2009. We need Deputy Returning Officers and Poll Clerks in many of our rural communities (See below).

If you are a Canadian citizen 18 years of age or older, who will have lived in Saskatchewan for at least six months prior to Election Day and are interested and available for training and on the day of election, contact the school division at 694-1200 (Toll Free: 877- 434-1200) for more information.

Aneroid	Belle Plaine	Briercrest	Brownlee
Caronport	Coderre	Craik	Drinkwater
Glentworth	Gravelbourg	Keeler	Limerick
Marquis	Rockglen	Rouleau	Tugaske
Willow Bunch	Wood Mountain		

Pandemic H1N1 Influenza - Common Questions

September 2009

What is H1N1 Influenza Virus?

H1N1 refers to a subtype of influenza A viruses. This is a genetic mix of viruses that causes respiratory illness.

What is a Pandemic?

- A pandemic is when there is widespread transmission of the virus from person to person in several countries throughout the world.
- A pandemic refers to the levels of virus activity and not the *severity* of the disease.

What is the situation for H1N1 in Saskatchewan?

- There is currently a low level of the influenza activity circulating within the community.
- It is expected that there will be an increase in the number of people becoming sick with H1N1 during the fall and winter, which is typical in the flu season.

How is H1N1 spread?

H1N1 influenza is spread the same way as regular seasonal influenza.

- It can be spread directly from person to person through coughing or sneezing.
- It can be spread indirectly by touching contaminated items then touching the eyes, nose or mouth.
- Transmission is most likely to occur during the first few days of obvious illness. It is recommended that persons who are ill with influenza symptoms should stay home from work or school and limit contact with others and not return to routine activities outside the home until they are symptom free or for 7 days, <u>whichever is shorter.</u> Influenza is a respiratory illness and cannot be spread through food.

How do I protect myself from getting H1N1?

There are very simple but effective measures that everyone can use to reduce their risk of getting sick.

- Wash hands frequently with soap and warm water.
- Cough and sneeze into a tissue, throw the tissue away in the garbage and wash hands, or cough and sneeze into your arm.
- Clear shared surfaces frequently, such as telephones, computer keyboards, door handles etc.
- Stay two metres or six feet away from a coughing or ill person if you are able.
- Stay home if you are ill with mild to moderate symptoms.

What are the symptoms?

- Sudden onset of fever and cough.
- There may also be sore throat, muscle aches, joint pain, chills, fatigue or weakness.
- Vomiting and/or diarrhea may be present and fever may not be prominent.

How serious is H1N1 influenza?

- Most H1N1 illness to date in Saskatchewan and Canada has been mild to moderate.
- Severity can range from mild to severe and appears to be more severe in people with underlying illnesses including chronic lung diseases, heart disease, diabetes, asthma, immune deficiency, and in the 2nd and 3rd trimester of pregnancy.

When should I go see a doctor?

You do NOT need to see a doctor if your symptoms are mild or moderate.

You should see a doctor as soon as possible if you have:

- difficulty breathing
- shortness of breath
- chest pain
- severe or persistent vomiting
- **Adults-** high fever that lasts more than two days
- **Children –** severe tiredness
- confusion or difficulty waking an ill person

If you do visit your doctor, you will not necessarily be tested to confirm you have the H1N1 strain of influenza.

Is there treatment for H1N1 Influenza?

Antivirals –

- Antivirals are a prescription medication that help to reduce symptoms, shorten the length of illness and reduce the risk of complications.
- They should be taken after onset of symptoms – up to and including after 48 hours of onset of symptoms.
- Antivirals should only be given if symptoms are moderate to severe, or if influenza symptoms occur in individuals with underlying illness.

Vaccine -

- A vaccine will produce immunity to the disease.
- A Pandemic H1N1 vaccine will be available by November.
- Two doses of the H1N1 vaccine will likely be required.
- The vaccine will be administered over an eight week period.
- The first dose will be given over a four week period.
- It will be available *free* to everyone who wants it throughout Saskatchewan.
- The clinics will be run by the health regions and some larger employers. Watch for information about clinics in your area.

The Moose Jaw & District Family Education Committee

is pleased to present

MAKING THE MOST OF THE EARLY YEARS

"LOVE BUILDS BRAINS"

with Special Guest Speaker Dr. Jean Clinton McMaster University, Hamilton, Ont.

Dr. Clinton is a dynamic and renowned speaker whose special interest lies in Early Childhood Development, Brain Development, and Parenting.

Pre-registration appreciated
Contact Leanne
at 692-0579
or Leanne.Keen@fhhr.ca

Two Presentations

Friday, October 2

Moose Jaw Art Museum Theatre

1:30 to 3:00 p.m. or 7:00 to 8:30 p.m.

No Cost

Refreshments provided

Come and learn the importance of relationships and brain development and what we can do! Open to parents, service providers and community members.

October 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 DAY 1	2 DAY 2 Kindergarten	3
4	5 DAY 3	6 DAY 4 Kindergarten	7 DAY 5	8 DAY 6 Kindergarten	9 DAY 1	10
11	12 Thanksgiving Holiday No School	13 DAY 2 Kindergarten	14 DAY 3	15 DAY 4 Kindergarten	16 DAY 5	17
18	19 DAY 6 Kindergarten	20 DAY 1	21 DAY 2 Kindergarten	22 DAY 3	23 PLC Day No School For Students	24
25	26 DAY 4 Kindergarten	27 DAY 5	28 DAY 6 Kindergarten	29 DAY 1	30 DAY 2 Kindergarten	31

CORONACH SCOUTING MOVEMENT

The Coronach Scouting Movement needs you !!!!!
The club is in need of Leaders, helpers and most importantly, kids!!!!
Scouting is open to boys and girls ages 5 to 17 with programming aimed towards the outdoors.

Youth ages are : Beavers age 5-7
Cubs age 8-10
Scouts age 11-13
Venturers age 14-17

If you are interested in helping out please call Todd Wilson at 267-4909 (evenings) or leave a message before October 1/ 2009.

SCOUTS CANADA

Coronach School

Is having a School ground cleanup!

Volunteers required

Sunday September 27th

1:00pm

Please come help your community improve our school grounds.